

What Will Happen Now

Getting Started:

- You made an inquiry about bariatric surgery with Dr. Jones. You are given information about his informative seminar and how to attend.

Seminar:

- Attend Dr. Jones' informational seminar – “live” or online
- Complete all bariatric new patient paperwork and return it with a copy of your insurance card(s) to us. We will provide a contact person once seminar is complete.

Insurance:

- Confirmation of coverage and insurance requirements may take 2-4 weeks. We will contact you to notify you of what you will need to supply in order to meet your insurance criteria.
- Please be aware that **all expected out of pocket cost (pre-pays) must be paid in full two weeks prior (Dr. Jones' office) to your scheduled surgery date and on the day of your PAT appointment (Hospital). If you are self-pay, the full amount must be paid two weeks prior to your surgery date to Dr. Jones office and on your PAT appointment to the hospital.**
- Once you have provided all documents meeting your insurance criteria, we will provide this to your insurance company to determine if they will pre-approve this operation for you.

Your Office Visit:

- Please note that the charge for your office visit is \$290.00. If you have insurance, all deductibles and co-pays will be expected. If you are self-pay, payment in full is expected.
- Dr. Jones will do a thorough exam, explain the risk and benefits of the operation and answer any questions you may have.

Lab Work/Tests:

- Dr. Jones will determine what tests are necessary for you and, if a consult with a specialist is needed, the necessary appointments will be scheduled.
- Please be aware, you will have appointments for pre-surgery testing other than your appointment with Dr. Jones.

Setting a Date:

- Once you have seen Dr. Jones and prior approval has been obtained, a surgery date will be determined and your operation will be scheduled.

Pre-Op Education Class / PAT (pre-admitting testing):

- After your operation is scheduled, you will be given dates to attend a mandatory 2 hour Pre-Operative Education Class and PAT appointment.

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Pre-Op Diet:

- Everyone will be required to follow a pre-surgery diet that will increase your blood protein, shrink your liver, and shrink your neck and abdominal fat prior to surgery increasing the safety of laparoscopic surgery and improving your healing after surgery.
- The diet is one to three weeks. The length is determined by Dr. Jones. You will purchase the diet from Dr. Jones' office. He sells it to you at the cost he pays for it. The cost should be less than your typical food costs for those weeks.
- You will meet with a nurse to receive diet instructions. It is very important to follow the diet exactly or your surgery could be cancelled.

Support Group and Nutrition Class:

- If you have not done so, please make plans to attend one of these prior to your surgery, if at all possible. It will be very helpful for you to talk with others who have had weight loss surgery before your operation.

The BIG Day:

- Your surgery is performed. You will be well prepared and know what to expect because you attended the pre-op education class. You can expect to spend 2 nights in the hospital.

Follow-Up:

- You will be scheduled for an appointment with Dr. Jones upon discharge from the hospital. Attending all follow-up appointments is very important to your health and well-being. Make sure you are scheduled for a check up with Dr. Jones' staff every year. It is very important that you are seen and his office can follow how well you are doing and insure that you have no vitamin/mineral deficiencies.

Support:

- Please make plans to attend support group and/or Nutrition Class meetings monthly. Continued support and education on your new stomach is very important to your weight loss success. Please call the Bariatric Coordinator if you need additional support.